

SOUTH FULTON FIRE RESCUE DEPARTMENT



September, 2018
Volume 1, Issue 7

The 360 Monthly Newsletter




9/11/2001 Never Forget

Throughout the nation, moments of silence were held in honor and remembrance of the nearly 3,000 men, women and children killed during the 9-11 attacks, including 343 FDNY firefighters.

We were all reminded that at:

- 8:46 a.m. ET: Hijackers crashed American Airlines Flight 11 into the World Trade Center north tower.
- 9:03 a.m.: Hijackers crashed United Airlines Flight 175 into the World Trade Center south tower.
- 9:37 a.m.: Hijackers crashed American Airlines Flight 77 into the Pentagon.
- 9:59 a.m.: The south tower collapsed.
- 10:03 a.m.: Passengers launched a counterattack on hijackers aboard United Airlines Flight 93. The hijackers crashed the plane into an empty field near Shanksville, Pennsylvania.
- 10:28 a.m.: The north tower collapsed.

These are moments that we will never forget. Let us also never forget the days immediately following the 9-11 attacks. Never forget how people came together, hugging and caring for one another without regard to race, religion, political affiliation, or anything else that divided us. Never forget how people flew the American flag at their homes, on their vehicles, and at every business. And never forget that, in just three short days, our beloved Fulton County Fire Department firefighters held their boots high at intersections and on street corners and raised \$465,000 for the families of the fallen firefighters in New York city. Never forget that in the days that followed the 9-11 attacks, what mattered more was what united us rather than what divided us.

#17years #NeverForget 



FIRE CHIEF'S DESK

LARRY FEW, FIRE CHIEF



September 11, 2001 is a day that I will never forget. I remember exactly what I was doing that day. I was preparing to review new advertising technology that was going to be installed in the MARTA rail system in north Fulton. The technology group was from New York and they scheduled a marketing event to culminate the new technology and were preparing to celebrate.

As I was riding in my car I heard the radio broadcast that a plane had flown into one of the twin towers and minutes later another plane had flown into the other tower, so both the north and south towers were struck. I could not believe what I was hearing; who would do such a thing? As I stepped out of my car the marketing group from New York had heard the news and certainly there was no celebration of the installation of the new ad technology.

As a reminder of that day, let us all not forget what took place on September 11, 2001 and the sacrifice of so many.

On a clear, sunny day, Al Qaeda terrorists aboard four hijacked passenger planes carried out coordinated suicide attacks against the World Trade Center in New York City and the Pentagon in Washington, D.C., killing everyone on board the planes and nearly 3,000 people on the ground. One of the four planes crashed into a Pennsylvania field, killing all on board after passengers and crewmembers attempted to wrest control from the hijackers.

Today we honor the brave souls that lost their lives and honor the families of those who are left behind to mourn the loss of loved ones. On that day 2,996 were killed and more than 6000 others were injured. Most of those who perished were civilians except for 343 Firefighters and 71 law enforcement officers.

We honor the brave that lost their lives that day and will never forget the sacrifices that so many gave so that many more could live.

Thank you and **"MAY GOD BLESS AMERICA."**





9-11 Remembrances Around SFFRD





South Fulton Firefighters 9/11 Tribute

By: Lt. Jeffery Potter



On September 8, 2018, four members of South Fulton Fire Rescue Department participated in the National Fallen Firefighter's Foundation 2018 9/11 Memorial Stair Climb.

Lt. Jeffery Potter, FF Nick Young, FF Eric Stolze, and FF Romann Henderson, along with firefighters from several other departments, wore full turnout gear and self contained breathing apparatus (SCBA), which added an additional 70 pounds, made the climb. The stair climb was done at the Sovereign Condominiums located in Buckhead. The 9/11 Memorial Stair Climbs are not timed race events, but a way for firefighters and the community to honor and remember the FDNY firefighters who selflessly gave their lives so that others might live.

Each participant pays tribute to a FDNY firefighter by climbing or walking the equivalent of the 110 stories of the World Trade Center. The individual tribute not only remembers the sacrifice of an FDNY brother, but symbolically completes their heroic journey to save others. Through firefighter and community participation we can ensure that each of the 343 firefighters is honored and that the world knows that we will never forget. The proceeds of these events help the National Fallen Firefighters Foundation create and maintain programs that support fire service survivors. Support of the 9/11 Memorial Stair Climb events also provides assistance to the surviving families and co-workers of the 343 firefighters who made the ultimate sacrifice on September 11, 2001.

OUR TOP TEAMS

Milestone Athens-Clarke County Fire	\$3,030
Gone Not Forgotten- Lillibridge Healthcare	\$940
Team Norton	\$860
Sovereign High Climbers	\$475
Kell High School HOH	\$420
Paul Davis	\$340
RECI SPEAKS 2018	\$270
South Fulton Fire-Rescue	\$250
FCFD	\$210
Clayton County Fire and EMS	\$200

TOTALLY

AWESOME





South Fulton Fire Rescue Hosts Shreveport Firefighters

On September 11, the SFFRD was pleased to host a contingent of Shreveport, LA firefighters traveling to South Carolina to assist with hurricane Florence relief efforts.

The Shreveport GSAR/Swift Water team arrived at Station 11 around 11:45pm where they spent the night. They were back up around 6:00am preparing to get back on the road.

The crews of Station 11 and 19B had bunk rooms and cots ready when they arrived and arose early to prepare a traditional firehouse breakfast before they left.

Camaraderie and mutual respect at its best.



Subject: Thank You South Fulton County Fire and Rescue

Chief Few and Stubbs,

I want to express my sincere appreciation for the hospitality you and your South Fulton County Fire and Rescue Firefighters showed to our Shreveport Fire Department (SFD) Team deploying to South Carolina. I have received several communications from our team members about how awesome your staff was. I am blessed to know that the Fire Service Brother and Sister Hood is still alive and well today. Please know that SFD will always be here to assist you with any need that you may have in the future. God bless.

Sincerely,

Scott Wolverton

Fire Chief

City of Shreveport Fire Department



Around SFFRD



Man's Best Friend

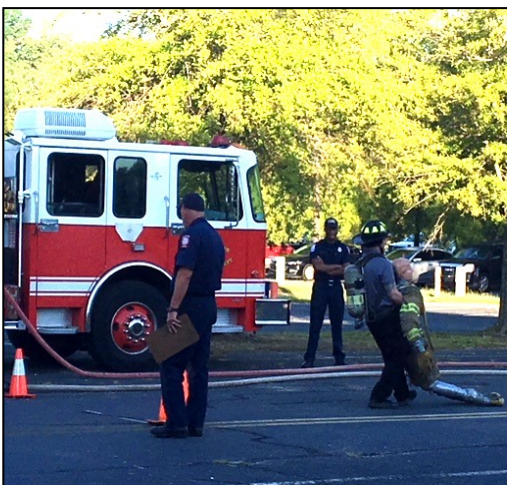
Man's best friend is an understatement in this case. This happy fella quickly became best friends with Captain James Luster and FF Romann Henderson (Station 3C) after they rescued him from a burning home on September 6th. Shaken, but safe, this four-legged "citizen" wouldn't leave their side.

Great job!



Cut Backs???

Don't be alarmed. These cut backs involved cutting back the overgrown shrubs at Station 17. Great work by all that participated in the landscape overhaul.



PAT Has Begun

Phase one physical agility testing for prospective new firefighters has begun. A minimum requirement involves climbing to the top of a 100 ft. aerial ladder. It may sound easy, but put to the test, it often reveals that becoming a firefighter isn't for everyone. Candidates must complete this exercise in 4 minutes or less.





South Fulton Fire Rescue Monthly Incident Data

Monthly Runs by Station: 09/01-2018 - 09/30/2018

Station	# of Incidents
Fire Station #1 - 5165 Welcome All Road	154
Fire Station #2 - 4121 Cascade Road	120
Fire Station #3 - 4035 Stonewall Tell Road	148
Fire Station #5 - 3175 Bethsaida Road	188
Fire Station #7 - 5965 Buffington Road	219
Fire Station #11 - 4760 Fulton Industrial Blvd.	68
Fire Station #13 - 5890 Plummer Road	147
Fire Station #15 - 6720 Cedar Grove Road	81
Fire Station #17 - 8675 Ridge Road	34
Fire Station #19 - 3965 Aero Drive	41
Headquarters - 5440 Fulton Industrial Blvd.	2

Monthly Runs by Incident: 09/01/2018 - 09/30/2018

Incident Description	Number of Incidents
Structure Fire - Private Dwellings	14
Structure Fire - Apartments	1
Structure Fire - Public Assembly	2
Highway - Vehicles	12
Highway - Non-structure/Non-vehicle/Other	1
Brush/Grass/Wildland	7
Rubbish/Dumpsters	7
Rescue/Emergency Medical	727
False Alarms	90
Mutual Aid (Given)	3
Hazmat Response	11
Other Hazardous Responses	8
All other responses	372
TOTAL for ALL INCIDENTS	1,257



Training and Member Development

Disaster Preparedness

By: Captain Richard Blackmon

It is never too late to have a disaster preparedness plan. Disaster can strike at any time and you need to be prepared when it does. Georgia and the City of South Fulton can be susceptible to many types of natural disasters such as tornados, flooding and winter weather. Having a plan can be the difference between surviving or not. Take the time with your family and put a plan in place. Small things can make a big difference when you need them. People with special needs such as daily medicines or other medical requirements can be in great danger during a disaster. Now is the time to be prepared.

Make a checklist and make sure you have extra medicine on hand and the essentials of survival such as non-perishable food and water. If you have pets make sure you consider their needs as well. We can never be too prepared but we can always be under prepared. It is always better to be safe than sorry.



Tornados



Flooding



Winter Weather





Disaster Preparedness

Emergency Supply Checklist

Home Supplies

- ☐ Drinking water (3 to 6-day supply)
- ☐ Food (3 to 6-day supply, requires no cooking, high energy)
- ☐ Flashlight (check batteries regularly)
- ☐ Portable radio (check batteries regularly)
- ☐ First aid kit
- ☐ Spare batteries
- ☐ Manual can opener
- ☐ Light sticks (safer than candles)
- ☐ Waterproof matches
- ☐ Medications (3 to 6-day supply)
- ☐ Medications list
- ☐ Cell phone
- ☐ Cash or travelers checks
- ☐ Emergency medical form

Evacuation Travel Bag

- ☐ Personal hygiene items (toilet paper, alcohol wipes, gel hand sanitizer)
- ☐ Backup prescription glasses
- ☐ Extra change of clothes
- ☐ Rain slicker or poncho
- ☐ Walking shoes
- ☐ Blanket or sleeping bag
- ☐ Water bottles
- ☐ Breakfast or energy bars
- ☐ Disposable dust masks
- ☐ Medications list
- ☐ Emergency medical form

Other Preparations

- ☐ Keep gas tank at least half full
- ☐ Spare hearing aid batteries
- ☐ Emergency supply of pet food



Disaster Preparedness

The Basics	Yes	No	Comments
Do I know the most important disaster issues for the area where I live (earthquakes, floods, tornados)?	<input type="checkbox"/>	<input type="checkbox"/>	<hr/> <hr/> <hr/>
Do I know how I should respond to a disaster that might strike with little or no warning?	<input type="checkbox"/>	<input type="checkbox"/>	<hr/> <hr/> <hr/>
Do I know the recommended evacuation route if there were an evacuation order? What are my transportation options? Where is the nearest shelter?	<input type="checkbox"/>	<input type="checkbox"/>	<hr/> <hr/> <hr/>
Do I know where the shut-off valves are for my homes utilities and how to turn them off? If any special tools are needed, where are they located?	<input type="checkbox"/>	<input type="checkbox"/>	<hr/> <hr/> <hr/>
Do I have an emergency contact person who lives out of the area? Do my relatives or close friends know who this person is?	<input type="checkbox"/>	<input type="checkbox"/>	<hr/> <hr/> <hr/>
Do I know my neighbors in case we need to help each other in an emergency?	<input type="checkbox"/>	<input type="checkbox"/>	<hr/> <hr/> <hr/>
If I am receiving home health services, have I discussed emergency procedures with the provider?	<input type="checkbox"/>	<input type="checkbox"/>	<hr/> <hr/> <hr/>
If I have any special needs, do I have a plan for dealing with them in an emergency?			
<ul style="list-style-type: none">• Mobility• Medical equipment requiring electric power• Incontinence supplies• Other:	<input type="checkbox"/>	<input type="checkbox"/>	<hr/> <hr/> <hr/>
If I live in a senior community, am I familiar with its emergency planning and procedures?	<input type="checkbox"/>	<input type="checkbox"/>	<hr/> <hr/> <hr/>



October is Fire Prevention Month

NFPA 2018 National Fire Prevention Week Theme



The latest statistics from the National Fire Protection Association show that if you have a reported fire in your home, you are more likely to die today than you were a few decades ago. This statistic is behind the 2018 Fire Prevention Week theme: *“Look. Listen. Learn. Be aware - fire can happen anywhere.”*

Through these simple actions, people can reduce their risk to fire and be prepared in the event of one:

- **Look** for places fire can start
- **Listen** for the sound of the smoke alarm
- **Learn** two ways out of each room

Paying attention to your surroundings, looking for available exits in the event of a fire, and taking the smoke alarm seriously if it sounds can make a potentially life-saving difference in a fire. And, while this year's Fire Prevention Week message applies to all locations, NFPA and local fire departments continue to focus on home fire safety, as the majority of U.S. fire deaths (four out of five) occur at home each year. Statistics from the National Fire Protection Association show that the fire death rate (per 1000 home fires reported to the fire department) was 10 percent higher in 2016 than in 1980. Though significant progress has been made in preventing home fires, there is still much more work to be done when it comes to educating children and adults on how to protect themselves in the event of one.

All year long, but especially during October, the *South Fulton Fire Rescue Department* will be working hard in support of the 2018 NFPA theme and educating the citizens of South Fulton about fire safety.

About the National Fire Protection Association (NFPA)

Founded in 1986, NFPA is a global, nonprofit organization devoted to eliminating death, injury, property and economic loss due to fire, electrical and related hazards. The association delivers information and knowledge through more than 300 consensus codes and standards, research, training, education, outreach and advocacy; and by partnering with others who share an interest in furthering the NFPA mission.

Source: www.nfpa.org



Bring Light to BBS

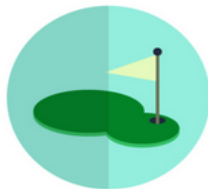
5th Annual Golf Tournament for Bardet Biedl Syndrome Research October 18, 2018

Bardet Biedl Syndrome Foundation

Hosted by Donna and Tim West on behalf of their son, Tyler West
Cannongate Golf Course: 924 Shaw Rd | Sharpsburg, GA 30277
Registration: 8:30 AM | Shotgun Start: 10:00 AM

We're excited to open the 5th annual Bring Light to BBS Golf Tournament supporting BBS research for registration.

Over the last 5 years, we've raised more than \$100,000 for BBS--and we're seeing results. This year the clinical registry that is so important for researchers has enrolled it's 400th patient, a pharmaceutical company is launching a Phase III trial for a drug to treat hunger and obesity symptoms in BBS, and the BBS Foundation is funding new research into possible approaches to limit vision loss in BBS.



Player
\$125.00



4 Person Team
\$450.00



Sponsorship
Team
from \$1,000.00



Sponsor a Hole
\$200.00

We had so much fun over the years and are looking forward to an even more exciting event this year. We will be providing breakfast and lunch again this year and there will also be raffles, prizes and some very special guests!

For additional information or questions, please contact:

Tim West: 678-877-1009

Donna West: 404-775-8982

Sherry Butler: 404-606-9325

*Proceeds go to the Bardet Biedl Syndrome Foundation, a 501(c)(3) non-profit.

*A portion of your registration is tax-deductible.



Captain Tim West (Station 7B) and his son, Tyler

Tyler's Story

As most of you know, our son Tyler was diagnosed with Bardet-Biedl Syndrome when he was 3 years old. BBS is a rare genetic disorder that affects many parts of the body and each individual is affected differently. Some of the primary symptoms of BBS can include retinal degeneration, obesity, and reduced kidney function. Many people with BBS are categorized as legally blind by the time they are teenagers.

Tyler is now 12 years old and continues to do really well. While his vision is deteriorating, he is proficient in braille and is learning how to use a white cane for travel. We are so proud of all he has accomplished so far and appreciate the support we

receive from family, friends, and co-workers.

100% of the funds raised from the last four golf tournaments were used to fund the Clinical Registry Investigating BBS (CRIBBS), developed by the Marshfield Clinic in 2013. The registry is a critical tool for researchers to better understand BBS and develop therapies. We are so excited to report that we now have more than 400 patients in the registry from 45 states and 20 countries. Several medical journal research articles have been published using data from the registry, and every few months we learn something new from this incredible resource on a rare disease. Even more exciting, the first trial of a pharmaceutical to aid BBS symptoms began last year, again because the registry makes it possible to find participants and measure progress. A Phase III trial, the last stage before a treatment is approved by the FDA, will begin this fall.

To top it all off the BBS Foundation is now funding a brand new research initiative to test a form of gene therapy for BBS. Any positive results are still years off, but it is amazing progress in the short amount of time since we started Bringing Light to BBS. All of this in four years...we can't wait to see what the future holds!

Tim and Donna West



New Rules for Entering GPSTC

In an effort to increase security at the Georgia Public Safety Training Center (GPSTC) new security procedures have been implemented. A photo I.D. is required to enter. The campus is open:

- Sunday - 2:00 p.m. to 11:30 p.m.
- Monday through Thursday - 6:00 a.m. to 11:30 p.m.
- Friday - 6:00 a.m. to 6:00 p.m.

The campus gates will close at 11:30 p.m. Sunday-Thursday and at 6:00 p.m. on Friday and will not reopen until the next business day. Students wishing to check-in to a dorm room must do so before 11:30 p.m. Students arriving after 11:30 p.m. may experience long delays while on-duty staff works to provide access.



This month marks the end of the outdoor burning ban in 54 counties in Georgia. [The Environmental Protection Division of the Georgia Department of Natural Resources](#) restricts open burning from May through September of each year. Why? During the warm weather seasons, the particulates in an open-air fire become more significant contributors to unhealthy levels of ozone. By banning open fires during those months in heavily populated Atlanta and the majority of its

surrounding counties, there is a reduction in the amount of pollutants.

Now that the weather has turned cooler, certain types of outdoor burning is once again permitted in north Georgia counties. Georgia residents that want to do an open burn from October through April 2018, need to check with their county ordinances on outdoor burning.

The following types of burning can be done without a permit:

- Leaves, limbs, and natural vegetation
- Fires that provide warmth
- Fires that cook food
- Recreational fires in an outdoor fireplace

Here are some general safety tips for any type of open burning:

- Gather the necessary supplies for controlling the fire—a rake, a shovel and a water hose connected to a good water source.
- Find a burn spot that can be easily controlled in a level area, away from any buildings.
- Start small.
- Make sure all the materials being burned are natural. No man-made products (such as processed lumber) that might contain chemicals that ignites or gives off noxious fumes.
- No burning within 20 feet of flammable or combustible materials.
- Never leave an outdoor fire burning unattended.

An outdoor fire burning out of control can threaten the safety of your home and family.

Stay Safe!



October is National Breast Cancer Awareness Month

Breast cancer is the second most common kind of cancer in women. About 1 in 8 women born today in the United States will get breast cancer at some point. National Breast Cancer Awareness Month is a chance to raise awareness about the importance of detecting breast cancer early.

During the month of October, South Fulton Fire Rescue members will be wearing special t-shirts in support of family, friends and co-workers that have been diagnosed with breast cancer.



South Fulton Fire Rescue
supports Breast Cancer Awareness

Sporting their specially designed t-shirts are:

Above: Engine 3A - (L-R) FF Fred Miller, Captain Ricardo Carey and FF Bobby Sells

Left: Engine 1 and E7A - (L-R) FF Bradlee Littlefield, FF Garrett Kent, FF Alan Clay and FF Keith Tinsley





aetna Your Employee Assistance Provider

Kids, job, bills, health, world events... Life—it happens to all of us

Some days it can be tough to manage the competing priorities in our lives, and keep it all running smoothly. If you are enrolled in an Aetna Long-Term Disability plan and need help with an everyday issue that's becoming a little hard to handle, your Employee Assistance Program (EAP) is here for you.

Aetna Resources For Living, our comprehensive Employee Assistance Program, is there for you when you need it. This confidential and round-the-clock service offers support and resources, whether your issues are parenting, work situations, a troubled relationship, substance abuse or even just a desire for self-improvement. And, this program is available to you and others in your household as an Aetna Long-Term Disability plan member.

Everyone needs a little help sometimes

Your Aetna Long-Term Disability insurance policy includes three face-to-face counseling sessions a year with an EAP network provider. That's up to three visits a year for you and also for members of your household.

Just a call or click away, we can confidentially discuss your situation and help you get information and education, as well as referrals to local counselors if you want face-to-face visits.

Common issues:

- Mental health and well-being
- Personal and professional relationships
- Substance abuse
- Family life
- Daily stress

Online worklife resources: there when you need them

Visit www.mylifevalues.com for free webinars, online child care, eldercare, education searches, concierge database, and discount programs. You'll also have access to thousands of articles, videos, and tools on worklife and behavioral topics.

Ready when you are

We're available whenever you are. We're here 24-hours a day, 7 days a week, either by phone or online. If it's not convenient to call, you can find resources and self-help tools for your personal family and work-related concerns on the EAP website.

There is no charge to you or your family for using the program. However, if you choose to use any referrals to additional resources, their charges, if any, would be your responsibility. Check your company benefits plan for coverage of those additional services.


Contact the Aetna EAP anytime,
toll-free **1-855-283-1915**.

Or visit **www.mylifevalues.com**,
(Log in user name and password:
RESOURCES)

www.aetna.com



October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 	2 Marcus Brown* Fernando Martinez*	3	4	5	6
7	8 Sam McClarity* 	9 	10	11	12 James Fleming*	13 Wesley Lewis*
National Fire Prevention Week						
14	15 Donte' Ming*	16 Greg Chambers*	17	18	19	20
NIMS 300 and 400 Training Class						
21	22 Martin Salamanca*	23 Wayne Hines* Dwight Bohler* 	24	25	26	27
28 Matthew Maxwell*	29	30 Camille Dunnings*	31 Ryan Seelbinder* 			

*Indicates Happy Birthday Wishes



Halloween Fire Safety Tips

Children dressed in costumes excitedly running door to door to trick-or-treat, festive decorations like glowing jack-o-lanterns, paper ghosts and dried cornstalks adorning front porches – these are some of the classic hallmarks of Halloween that make the holiday special for kids and adults alike. Unfortunately, these Halloween symbols and activities can also present serious fire risks. But, by planning ahead, you can help make this Halloween a fire-safe day. Taking simple fire safety precautions like keeping decorations far away from open flames and using battery operated candles or glow-sticks in jack-o-lanterns can help ensure your holiday remains festive and fun!

Fire Safety Tips

- When choosing a costume, stay away from long trailing fabric. If your child is wearing a mask, make sure the eye holes are large enough so he or she can easily see out.
- Provide children with flashlights to carry for lighting or glow sticks as part of their costume.
- Dried flowers, cornstalks and crepe paper catch fire easily.
- Keep all decorations away from open flames and other heat sources like light bulbs and heaters.
- Use a battery-operated candle or glow-stick in jack-o-lanterns. If you use a real candle, use extreme caution. Make sure children are watched at all times when candles are lit. When lighting candles inside jack-o-lanterns, use long, fireplace-style matches or a utility lighter. Be sure to place lit pumpkins well away from anything that can burn and far enough out of the way of trick-or-treaters, doorsteps, walkways and yards.
- Remember to keep exits clear of decorations, so nothing blocks escape routes.
- Make sure all smoke alarms in the home are working.
- Tell children to stay away from open flames including jack-o-lanterns with candles in them. Be sure they know how to stop, drop and roll if their clothing catches fire. (Have them practice, stopping immediately, dropping to the ground, covering their face with hands, and rolling over and over to put the flames out.)
- If your children are going to Halloween parties at others' homes, have them look for ways out of the home and plan how they would get out in an emergency.



Information provided by NFPA <http://www.nfpa.org/public-education/by-topic/seasonal-fires/halloweensafety>

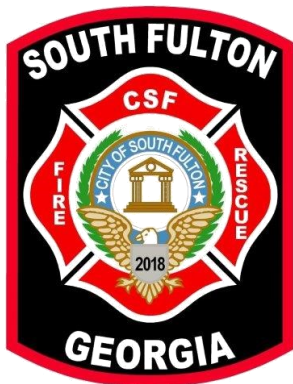
Safe Kids Worldwide <https://www.safekids.org/halloween>, and USFA https://www.usfa.fema.gov/data/statistics/snapshot_halloween.html



South Fulton Fire Rescue Department

Fire Headquarters
5440 Fulton Industrial Blvd.
Atlanta, Georgia 30336

EMERGENCY: Dial 911



Our Mission

To provide fire, life safety, and support services that are relationship focused and results oriented.

Our Motto

Service to all; second to none

Editor: Penny Wolfe

penny.wolfe@cityofsouthfultonga.gov

final thoughts...

- If you can't do anything about it then let it go.
- Strive to be someone that gives without remembering and takes without forgetting.
- Before you say something, stop and think how you'd feel if someone said it to you.
- Never regret anything that made you smile.
- Being kind without expectation is the truest kind of kindness.
- Integrity is choosing your thoughts and actions based on values rather than personal gain.
- The future depends entirely on what each of us does every day.
- Sometimes good things fall apart so better things can fall together.
- Never look down on someone unless you are helping them up.
- The strength of a family, like the strength of an army, lies in its loyalty to each other.
- You only live once, but if you do it right, once is enough.
- Be happy...not because everything is good, but because it's better than the alternative.
- Take life day by day and be grateful for the little things.
- Moving on is easy, but what you leave behind is what makes it so hard.

...take care!